

**FORM D: HEALTH INSURANCE  
MEMORANDUM OF UNDERSTANDING (SCHOLAR)**

In accordance with US Department of State regulations, J-1 scholars must “have insurance in effect that covers the exchange visitors for sickness or accidents during the period of time that they participate in the sponsor’s exchange visitor program” [22 CFR 62.4(a)]. Please review the health insurance requirements and complete the certification at the bottom of the page.

**IMPORTANT: Failure to comply with the health insurance requirements is a violation of the US Department of State regulations and will result in the termination of your J-1 Exchange Visitor program at San Diego State University.**

**Health Insurance Requirements**

Health insurance requirements must be met for the entire duration of your J-1 exchange visitor program at San Diego State University. Minimum health insurance coverage must provide the following:

1. Medical benefits of at least \$100,000 per accident or illness;
2. Repatriation of remains in the amount of \$25,000;
3. Medical evacuation expenses in the amount of \$50,000; and
4. Deductibles not to exceed \$500 per accident or illness.

Please note that the above requirements also apply to accompanying J-2 dependents. Additionally, please be aware that the policy may require a waiting period for pre-existing conditions that is reasonable as determined by current industry stands.

**Certification**

*I certify that I will maintain adequate insurance coverage for myself and my dependents during my J-1 Exchange Visitor program at San Diego State University. Further, I understand that willful failure to comply with the health insurance requirements will result in the termination of my J-1 program and that a notification will be sent to the Department of State should that occur.*

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**Name (print)****Signature****Date**